



St. Rose of Lima, Chula Vista

Adult Confirmation Program Fall 2016



Welcome to St. Rose of Lima's Adult Confirmation Program. We hope you will enjoy the classes and find new way of letting God into your heart. May this time of preparation be a time of surprises and of discovery.

St. Rose of Lima Adult Confirmation Preparation welcomes Adult Catholics (ages 18 and older), who not been confirmed but have already been baptized and have received the sacraments of the Reconciliation and Eucharist, to complete the Sacraments of Initiation.

Confirmation enriches the baptized with the strength of the Holy Spirit so that they can better witness to Christ in word and deed (*Catechism of the Catholic Church* (CCC) no 1285). Anointed by the Holy Spirit at Confirmation, Christians strengthen their bond with the Church and become better equipped to carry out the Church's mission of love and service.

Candidates will be presented with opportunities for **deeper realization of their faith** and **ways to live it out in the context of the parish community**.

The process is one of a small-group, adult learning experience. The focus of the program is to **connect the practice of our Catholic faith to our experiences in our everyday lives**.

For many who participate in this program, it is an opportunity to see, for the first time, the faith of the Church with an adult understanding. Participants will look at how their image of God affects the way they are in relationship with Him and spend significant time connecting daily life with the underlying meaning of incarnation and Eucharist.

Journey to Confirmation

1. Prospective candidates complete and submit application form online or at office/Deacon Charlie.
2. Deacon or designee conducts individual interviews of prospective candidates to qualify them for sacramental program and assist with obtaining the necessary documents. (January-February, and August; may be ongoing for placement in the next scheduled session.)
3. Prospective candidates attend Orientation/Information Meeting to review expectations, submit forms, receive textbook and resources, and remit applicable fees.
4. Candidates attend weekly classes, preview and review workbook. Sponsors may attend to support candidate. Sponsors are expected to attend ceremony rehearsal class (week before Confirmation ceremony).
5. Prospective candidates gather required documents and identify sponsor. If they are unable to find a sponsor, team will assist. **Documents due by Week 5 – October 9.**
6. Candidates make a commitment to attend and participate in Sunday Mass each weekend, pray regularly, and to live according the Church's whole body of teachings.
7. Deacon or designee interview candidates between **Week 5 and 7** to check formation progress, identify areas for ongoing formation, and potential participation in Parish community.
8. Qualified candidates are confirmed at St. Rose of Lima church on **Christ the King Sunday November 20 during the 5 p.m. Mass.**
9. **Closing class meeting on November 27** – ministry action planning, course review, feedback forms, presentation of Confirmation certificates.

Course Design and Scheduling

St. Rose of Lima Adult Confirmation Preparation is a 12-week course offered during Spring and the Fall. Classes will be held on Sunday evenings after the 5 p.m. Mass, from approximately 6:15 to 8:30 p.m.

The Fall 2016 session begins with an Orientation Class Meeting on Thursday, September 8, and continues on Sunday evenings through Sunday, November 27. Fall Confirmation Ceremony/Mass will be held on Feast of Christ the King Sunday (November 20).

The St. Rose Instructional Team guides candidate formation with **DECISION POINT**, a confirmation program developed by Matthew Kelly and his team at Dynamic Catholic. Matthew Kelly is author of *Rediscovering Catholicism* and *The Four Signs of a Dynamic Catholic*. The curriculum includes short videos with lessons taught by Matthew Kelly himself and student workbook featuring reflection questions, the use of the Bible, the study of saints and virtues. Candidates may preview and/or revisit the video lessons at the Dynamic Catholic website: <https://dynamiccatholic.com/confirmation/view-program/>. A free app for mobile Internet devices is also available for smartphones and tablets: Decision Point-Catholic App (Dynamic Catholic).

St. Rose Instructional Team supplements the **DECISION POINT** curriculum by facilitating discussions, reflections, sharing of personal testimony, and linking lessons to practical applications of the day. Additional resources for the class include *Catechism of the Catholic Church (CCC)* and the *New American Bible Revised Edition (NABRE)*. There is fee of \$25 to cover the cost of materials. (No one will be denied participation in the program if they are unable to pay the fee.)

Attendance and Participation

Confirmation is something that an individual should enter into with an open heart and desire to grow in faith and understanding. Attendance and participation at all sessions are mandatory. Candidates may not miss more than one sessions without prior notice in the first half of the schedule, and must be present throughout the entire last half. Make up session may be scheduled in special circumstances.

Candidates whose schedules do not permit them to attend the required classes may be invited to consider taking part in the program when their schedule makes regular attendance possible.

Sponsors

Each candidate must have one (1) sponsor. Sponsors serve as role models and mentors, helping the candidates to respond to God's call and live the Christian life. Sponsors are invited to attend classes in a *supportive* role of their candidate.

Sponsors must be active, practicing Catholics, i.e. attending Sunday Mass and receiving the sacraments on a regular basis. Requirements include:

- Must be at least 16 years old;
- Must be full initiated in the Catholic Church (Baptized, Confirmed, Holy Communion)
- If married, marriage must be formally recognized by the Catholic Church
- May not be parent/guardian.

Required Documents

- SRL Application for Adult Confirmation – completed and signed. Sponsor information can completed later, but no later Week 6.
- Baptismal Certificate (original issued from the church within the past 6 months).
- Marriage certificates, if applicable and as directed by Deacon Charlie.

Contact information – questions, concerns, etc.

- **Deacon Charlie Frice**, Adult Confirmation Director: (619) 427-0230 or 253-5774, cfrice@cox.net
- **Charlotte Fajardo**, Instructor Team Leader and Attendance: (619) 723-3798; charzemayl@cox.net
- **St. Rose of Lima Office**: (619) 427-0230